



Medium



15 – 30 minutes

Grapefruit-flavoured hake with chickpea cream

A dish with refined and delicate flavours, with original and creative combinations, ideal to amaze your guests or for a candlelit dinner.

SERVES: 1

PREPARATION TIME: 10 minutes

COOKING TIME: 15 minutes

Ingredients

- Olio Filippo Berio Delicato
- 2 pink grapefruits
- 2 hake fillets
- Flour as needed
- 5 g juniper berries
- 3 unpeeled cloves of garlic
- 5 g of rosemary
- 200 g of precooked chickpeas
- Salt (to taste)

Method

1. Squeeze the grapefruits and put the juice aside, then make 5 g of small peel of the grapefruit using a potato peeler.